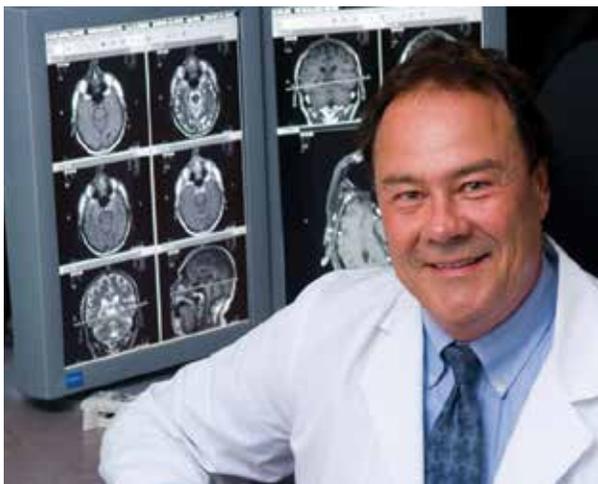


CELEBRATING OVER 30 YEARS OF LEADERSHIP

As one of the largest medical group practices in the region, Community Radiology Associates (CRA) is proud of its long tradition of excellence. Founded in 1980 by Dr. Sid Pion, our first office was located in Olney, Maryland. The practice soon expanded and CRA operates 17 imaging centers located throughout four counties in Maryland. All of CRA's physician members are board-certified in diagnostic radiology.

COMMUNITY RADIOLOGY ASSOCIATES IS DEDICATED TO PROVIDING PATIENTS WITH:

- Diagnostic expertise and timely, accurate reports to your referring physicians
- Convenience and respect for your time in a clean and comfortable setting
- Compassionate care from our team members, from scheduling through treatment and if necessary, follow-up
- A network of doctors at multiple locations that consult with each other to provide superior patient care
- Community support through donations to local charities and service organizations



OUR SERVICES

Community Radiology Associates offers a full range of imaging services, including:

- MRI/MRA (3T & Wide-Open available)
- CT/CTA
- PET/CT
- Nuclear Medicine
- Digital Mammography (3D available)
- Ultrasound (4D available)
- DEXA (Bone Density)
- Fluoroscopy
- Digital X-Ray

OUR LOCATIONS

For your convenience, Community Radiology Associates has 13 imaging centers:

- Bethesda Imaging Center
- Bowie Radiology Services
- Bowie South Imaging Center
- Chevy Chase Imaging Center
- Clinton Imaging Center
- Frederick Imaging Center
- Frederick South Imaging Center
- Germantown Imaging Center
- Greenbelt Imaging Center
- Montgomery Community MRI
- Mt. Airy Imaging Center
- Rockville Imaging at Seven Locks
- White Oak Imaging Center

All referrals and most insurances accepted.

Foreign language interpretation services available upon request.



All locations are accredited by the American College of Radiology.

For information and scheduling
call 888-601-0943

A PATIENT'S GUIDE TO

CT

COMPUTED TOMOGRAPHY



WHAT IS CT AND HOW DOES IT WORK?

A Computed Tomography or CT scan creates very clear two-dimensional images of the brain and other parts of your body that cannot be seen on regular X-rays. The images are produced by projecting small amounts of X-rays through the part of the body being examined and converting the information into images by using a special computer. For some CT scans, the technologist injects a contrast medium or dye to highlight certain tissues for closer examination. This type of scan helps differentiate between healthy and diseased tissue, making it possible to accurately diagnose many diseases in their early stages. Some patients may require bloodwork prior to having a scan with contrast.

BRING WITH YOU

- Prescription or referral from your physician
- List of medications you take
- Insurance cards
- Images from any previous, relevant imaging exams (films or CDs)
- Medical history
- Pathology reports

HOW DO I PREPARE FOR MY CT SCAN?

- Please arrive at least 20 minutes before your appointment.
- Remove metal and plastic items from the part of your body being examined.
- Let our staff know what medications you are taking.
- If you could be pregnant, breast feeding, allergic to a contrast agent (dye), diabetic, and/or have renal disease, please tell our staff.
- If you must cancel or reschedule, please do so at least 24 hours before your appointment.

SPECIAL INSTRUCTIONS FOR A HEAD, NECK, CHEST OR LUNG SCAN:

- Do not eat or drink anything for 2 hours before your scan.

SPECIAL INSTRUCTIONS FOR AN ABDOMINAL OR PELVIC SCAN:

- Do not eat anything for 2 hours before your scan.
- Before your scan, you may be asked to drink a liquid to help us visualize your bowel.

PATIENT SAFETY:

Community Radiology takes patient safety very seriously and assures our patients that we take precautions to minimize CT radiation exposure for each procedure. All of our equipment is accredited by the American College of Radiology (ACR), a national organization that sets the standards for medical radiation procedures in the U.S., and our CT scanning protocols are tailored to meet the individual needs of each of our patients.

CRA also participates with the Image Wisely™ and Image Gently™ programs, pledging to minimize radiation exposure for adult and pediatric patients.

WHAT WILL I EXPERIENCE?

ON ARRIVAL

- The technologist will interview you to obtain a medical history.
- You may be asked to change into a gown.
- A member of our staff will take you to the CT room, help you onto the table and position you for the scan.

DURING YOUR SCAN

- You will feel the table move after each scan and may hear a whirring noise or high-pitched beep.
- To get the most precise results, the technologist may ask you to hold your breath for a short time.
- Please lie as still as possible to avoid blurring the images.
- You will be able to communicate with the technologist at all times during your scan.
- The exam usually lasts 10 to 15 minutes.

AFTER YOUR SCAN

- You may leave immediately after your CT scan.
- Drink plenty of fluids, especially water, for the next 24 hours to help flush the contrast agent from your body.
- The radiologist will review your scans and send the written report to your physician.
- Urgent findings will be called or faxed to your physician.

PLEASE ASK YOUR SCHEDULING REPRESENTATIVE ABOUT SPECIFIC PREPARATIONS FOR YOUR SCAN.