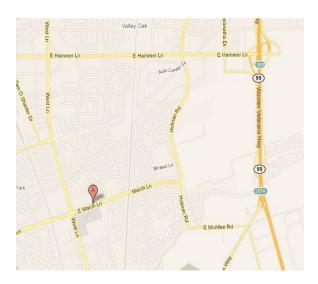


1801 E. March Lane Suite A130 Stockton, CA 95210

P: 209.475.9871 F: 209.474.9620

PET/CT, CT, MRI, MR Angiography, Ultrasound, Mammography, Fluoroscopy, X-Ray



## APPOINTMENT CHECKLIST

- ☐ This Referral Slip
- ☐ Health Insurance Card & Picture ID
- ☐ Pre-Authorizations You May Have Received



## **Locations and Preparation Instructions**

Please call us if you have any questions regarding your procedure or preparation for your procedure. Study times vary in length. Bring this form and your insurance card with you on the day of your exam.

□MRI Scan: Please inform us of any metal in your body at time of scheduling. Remove any metal, jewelry or hair pins prior to your scan. Specific preparation information will be given when your appointment is scheduled.

**CT SCAN (Abdomen or Pelvis):** Please call our facility for instructions.

**PET/CT:** Please allow 3 hours for your scan. No food or drink for for 5 hours prior to your scan.

□Ultrasound: No smoking, food or drink 6 hours prior to exam. No chewing gum.

□Ultrasound (Abdomen Gallbladder Aorta): No food or drink 6 hours prior to exam.

□Ultrasound (Pelvic): Drink 32 ounces of fluid to be completed one hour before your exam to fill your bladder. Do not empty your bladder before your exam.

□Ultrasound (Bladder): Drink 32 ounces of fluid to be completed one hour before your exam to fill your bladder. Do not empty your bladder before your exam.

□Ultrasound Renal: No prep.

□Ultrasound (OB): If you are 25 weeks or less, drink 16 ounces of fluid to be completed one hour before your exam to fill your bladder. Do not empty your bladder before your exam. No preparation needed if you are 26 weeks or greater.

□ Biophysical Profile: Eat a meal one hour prior to exam. □ Mammography: Do not use any powders, talcs, sprays or deodorants on your breast or underarm area before your exam. Prior to your exam, please obtain your previous mammogram films and reports. Either bring them with you to your appointment or have them sent to our office.

**□G.I.** and/or Small Bowel Series: No food or drink after 10 pm the evening before your exam. No chewing gum.

□Barium Enema or Air Contrast Enema: Obtain prep from your imaging center. Follow instructions for the 24-hour preparation. Children under 12, call your imaging center for instructions. Contrast studies and colostomy, call for specific preparation.

Dulcolax tablets at 6 pm the night before your exam. Adults take two Dulcolax tablets at 6 pm the night before the exam. No solids after supper. There are no restrictions on liquid intake. Juice, coffee, tea or milk for breakfast the day of the exam. Children under 12, call the office for laxative instructions. Infants may eat as usual. For an appointment after 1 pm, you may eat an early, light breakfast. Take medications as normal.

**After the Exam:** Your exam will be read by a board-certified, licensed physician with specialty training and certification in radiology. The results of your exam will be sent to your physician. You will receive your results from your physician.

**Billing information:** If you have insurance coverage, we will submit a claim to your insurance company on your behalf. If you are a member of an HMO or managed care plan, please bring your referral form and any required copayment with you at the time of your visit. You are responsible for any outstanding or unpaid balance. If you have any questions, please call our billing department at (800) 272-3638.

- For your safety, children may not accompany patients into procedures. If it is necessary to bring children to the appointment, please bring appropriate adult supervision to watch your children during the scan.
- Please inform us if you may be pregnant.
- If you have asthma, please bring your inhaler to the appointment.